

Child education record



**Language
Milestones**

**Physical and motor
Milestones**



**Cognitive
Milestones**

**Social and emotional
Milestones**



Name of the child : _____ Date of birth : _____

Name of the parents : _____

Date child services began : _____

Name of the RSGE : _____

Prepared on the <small>*Must be completed in May and November</small>	Signature of the RSGE	Transmitted on the <small>*Must be transmitted by December 15th and June 15th</small>	Signature of the parent

Physical and motor Milestones



Physical motor 0-6 months	Holds head up when on tummy.		
	Moves both arms and both legs.		
	Opens hands briefly.		
	Holds head steady without support when you are holding him.		
	Holds a toy when you put it in his hand.		
	Uses his arm to swing at toys.		
	Brings hands to mouth.		
	Pushes up onto elbows/forearms when on tummy.		

Physical motor 6-12 months	Rolls from tummy to back.		
	Pushes up with straight arms when on tummy.		
	Leans on hands to support himself when sitting.		
	Gets to a sitting position by himself.		
	Moves things from one hand to the other hand.		
	Uses fingers to "rake" food towards himself.		
	Sits without support.		

Physical and motor 12-24 months	Pulls up to stand.		
	Walks, holding on to furniture.		
	Drinks from a cup without a lid, as you hold it.		
	Picks things up between thumb and pointer finger, like small bits of food.		
	Takes a few steps on his own.		
	Uses fingers to feed himself some food. Walks without holding on to anyone or anything.		
	Scribbles.		
	Drinks from a cup without a lid and may spill sometimes.		
	Feeds himself with his fingers.		
	Tries to use a spoon.		
	Climbs on and off a couch or chair without help.		

The next small step ...	
----------------------------	--

Physical and motor 2-3 years	Kicks a ball.		
	Runs.		
	Walks (not climbs) up a few stairs with or without help.		
	Eats with a spoon.		
	Uses hands to twist things, like turning doorknobs or unscrewing lids.		
	Takes some clothes off by him/herself, like loose pants or an open jacket.		
	Jumps off the ground with both feet.		
	Turns book pages, one at a time, when you read to him/her.		
	Strings items together, like large beads or macaroni.		
	Puts on some clothes by him/herself, like loose pants or a jacket.		
	Uses a fork.		
	He can hop on spot by sticking his two feet together on the ground.		
	He can move to the rhythm of the music.		
	He builds towers of 5-9 blocks.		
	He washes and wipes his hands.		
	He recognizes when his nose is running and wants to wipe it, but he doesn't understand that he must blow.		
	He is potty training; He can warn when he is wet, and he can remain dry for long periods of time.		

The next small step ...	
----------------------------	--

Physical and motor Milestones 3-4 year	Strings items together, like large beads or macaroni.		
	He cuts in a straight line.		
	He holds scissors with one hand and makes fringes.		
	Puts on some clothes by him/herself, like loose pants or a jacket.		
	Uses a fork.		
	He can go to the toilet on his own, but needs to be wiped.		
	He washes his hands and wipes them.		
	Catches a large ball most of the time.		
	He starts to balance on one foot for a few seconds.		
	He can somersault, crawl, roll...		
	Can follow a simple obstacle course.		
	He can jump on spot by lifting both feet off the ground at the same time.		
	He can imitate movements (e.g. by dancing, by reproducing the gestures of a nursery rhyme).		
	Serves himself food or pours water, with adult supervision.		
	Unbuttons some buttons.		
	Holds crayon or pencil between fingers and thumb. (not a fist)		

The next small step ...	
-------------------------	--

Physical and motor Milestones 4-5 years	Catches a large ball most of the time.		
	Serves himself food or pours water, with adult supervision.		
	Unbuttons some buttons.		
	Holds scissors with one hand to cut.		
	Holds crayon or pencil between fingers and thumb. (not a fist)		
	Buttons some buttons.		
	He starts tying knots.		
	He rides a balance bike.		
	Hops on one foot.		
	He wipes himself after using the toilet.		
	He blows his nose by blowing into a tissue.		
	He dresses alone, except for some fastenings or tight clothes.		
	He follows a rhythm (fast, slow, stop, depart).		

The next small step ...	
--------------------------------	--

Physical and motor milestones 5-6 years	Can ride a bicycle.		
	Can tie shoelaces.		
	Can control his major muscles. Usually has good balance and likes to run, jump, skip, and try other forms of physical play.		
	Can skip and hop with ease.		
	Can draw a person with at least 8 parts. Can also copy different shapes and like to make designs.		
	Can dress himself. But may still need some help with difficult buttons or laces.		
	Can write his name.		
	Can catch a ball.		
	Uses scissors more effectively.		
	Can draw detailed pictures		
	Buttons some buttons.		
	Hops on one foot.		

The next small step ...	
--------------------------------	--



Social 0-6 months	Calms down when spoken to or picked up.		
	Looks at your face.		
	Seems happy to see you when you walk up to him.		
	Smiles when you talk to or smile at him.		
	Smiles on his own to get your attention.		
	Chuckles (not yet a full laugh) when you try to make him laugh.		
	Looks at you, moves, or makes sounds to get or keep your attention.		

Social 6-12 months	Knows familiar people.		
	Likes to look at himself in a mirror.		
	Laughs.		
	Is shy, clingy, or fearful around strangers.		
	Shows several facial expressions, like happy, sad, angry, and surprised.		
	Looks when you call his name.		
	Reacts when you leave (looks, reaches for you, or cries)		
	Smiles or laughs when you play peek-a-boo.		

Social 12-24 months	Plays games with you, like pat-a-cake.		
	Copies other children while playing, like taking toys out of a container when another child does.		
	Shows you an object he likes.		
	Claps when excited.		
	Hugs stuffed doll or other toy.		
	Shows you affection (hugs, or cuddles)		
	Moves away from you, but looks to make sure you are close by.		
	Points to show you something interesting.		
	Puts hands out for you to wash them.		
	Looks at a few pages in a book with you.		
	Helps you dress him by pushing arm through sleeve or lifting up foot.		

The next small step ...	
--------------------------------	--

Social/emotional Milestones 2-3 years	He makes social gestures (saying bye-bye, giving a hug).		
	Notices when others are hurt or upset, like pausing or looking sad when someone is crying.		
	Looks at your face to see how to react in a new situation.		
	Plays next to other children and sometimes plays with them.		
	Shows you what he/she can do by saying, "Look at me!"		
	Follows simple routines when told, like helping to pick up toys when you say, "It's clean-up time."		
	Notices other children and joins them to play.		
	He accepts limits imposed by the adult despite his dissatisfaction (e.g., he expresses or shows his disappointment at having to enter from outside, at having to stop a game, but still agrees to do so).		
	Expresses certain fears (e.g., fear of the dark, of Santa Claus, of insects, etc.)		
	He seeks the company of the adult and enjoys special moments with him (e.g., doing a puzzle together, being told a story, showing him his achievements).		
	He tries to complete tasks by himself. He wants to do it alone.		

The next small step ...	
--------------------------------	--

Social/emotional Milestones 3-4 years	He willingly participates in the games that the other children offer him.		
	Notices other children and joins them to play.		
	When faced with a difficulty, he can seek help from the adult.		
	Pretends to be something else during play (teacher, superhero, dog).		
	Comforts others who are hurt or sad, like hugging a crying friend.		
	Avoids danger, like not jumping from tall heights et the playground.		
	Likes to be a "helper".		
	Changes behavior based on where he is (place of worship, library, playground).		

The next small step ...	
--------------------------------	--

Social/emotional Milestones 4-5 years	Pretends to be something else during play (teacher, superhero, dog).		
	Comforts others who are hurt or sad, like hugging a crying friend.		
	During games, he accepts the ideas of others.		
	He shares his ideas with the other children.		
	Avoids danger, like not jumping from tall heights et the playground.		
	Likes to be a "helper".		
	Changes behavior based on where he is (place of worship, library, playground).		
	He tolerates delays, changes, refusals and frustrations.		
	He recognizes basic emotions (joy, anger, sadness, fear) in images or on the faces of others.		
	Follows rules or takes turns when playing games with other children.		
	He can identify and name his physical characteristics that distinguish him. Example: I have blonde hair and green eyes, I'm a boy.		
	He can identify and justify his emotions. Ex: I'm very happy because tonight I'm going to the movies with my dad.		
	Sings, dances, or acts for you.		
	Does simple chores, like matching socks or clearing the table after eating.		

The next small step ...	
-------------------------	--

Social/emotional 5-6 years	Enjoys playing and cooperating with peers.		
	Understands and follows social rules and norms.		
	Expresses a wider range of emotions.		
	Shows empathy and can understand others' perspectives.		
	Develops a stronger sense of self and independence.		
	Follows rules or takes turns when playing games with other children.		
	Sings, dances, or acts for you.		
	Does simple chores, like matching socks or clearing the table after eating.		

The next small step ...	
-------------------------	--



Language 0-6 months	Makes sounds other than crying.		
	Reacts to loud sounds.		
	Makes sounds like: "ooooo, aahh" (cooing).		
	Makes sounds back when you talk to him.		
	Turns head towards the sound of your voice.		

Language 6-12 months	Takes turns making sounds with you.		
	Makes squealing noises.		
	Makes different sounds like "mamamama" and "babababa".		
	Lifts arms up to be picked up.		

Language 12-24 months	Meaningfully uses "mama" or "dada" and tries to say one or two words, like "ba" for ball.		
	Responds to simple directions, e.g. "come here"		
	Produces long strings of gibberish (jargoning) in social communication.		
	May use 5-10 words.		
	Imitates simple words and actions.		
	Understands 50 words.		
	Waves "bye-bye"		
	Understands "no" (pauses briefly or stops when you say it).		
	Points to ask for something or to get help.		
	Uses more gestures than just waving and pointing, like blowing a kiss or nodding yes.		

The next small step ...	
----------------------------	--

Language Milestones 2-3 years	Points to things in a book when you ask, like "Where is the bear?"		
	Names things in a book when you point and ask, "What is this?"		
	Says what action is happening in a picture or book when asked, like "running", "eating", or "playing"		
	Says at least two words together, like "More milk."		
	Points to at least two body parts when you ask him to show you.		
	Uses more gestures than just waving and pointing, like blowing a kiss or nodding yes.		
	Says about 50 words.		
	Says words like "I", "me", or "we".		
	Talks with you in conversation using at least two back-and-forth exchanges.		
	Asks "who", "what", or "why" questions, like "Where is mommy/daddy?"		
	Says first name, when asked.		
	Talks well enough for others to understand, most of the time.		
	He sings songs and nursery rhymes.		
	He expresses disagreement by using the word "no".		
	He knows words that refer to: - Notions of time (sometimes, yesterday, tomorrow, after) - Spatial notions (bottom, on, inside) - Notions of quantities (a lot, a little, more)		

The next small step ...	
-------------------------	--

Language Milestones 3-4 years	Talks with you in conversation using at least two back-and-forth exchanges.		
	Asks "who", "what", or "why" questions, like "Where is mommy/daddy?"		
	Says what action is happening in a picture or book when asked, like "running", "eating", or "playing"		
	Says first name, when asked.		
	Names a friend.		
	Talks well enough for others to understand, most of the time.		
	Says sentences with four or more words.		
	Says some words from a song, story, or nursery rhyme.		
	Talks about at least one thing that happened during his day, like "I played soccer".		
	Answers simple questions like "What is a coat for ?" or "What is a crayon for?"		
	Understands requests with three instructions: "Go to the entrance, take your shirt and bring it here."		
	He knows words that refer to: - Notions of time (sometimes, yesterday, tomorrow, after) - Spatial notions (bottom, on, inside) - Notions of quantities (a lot, a little, more)		

The next small step ...	
-------------------------	--

Language Milestones 4-5 years	Says sentences with four or more words.		
	Says some words from a song, story, or nursery rhyme.		
	Talks about at least one thing that happened during his day, like "I played soccer".		
	Answers simple questions like "What is a coat for ?" or "What is a crayon for?"		
	Tells a story he heard or made up with at least two events. For example, a cat was stuck in a tree and a firefighter saved it.		
	Answers simple questions about a book or story after you read or tell it to him.		
	Keeps a conversation going with more than three back-and-forth exchanges.		
	Uses or recognizes simple rhymes (bat-cat, ball-tall).		
	Is interested in written words, letters (e.g. he distinguishes words from images).		
	He writes his name. He copies a few letters and numbers.		
	He can find words that start the same. He recognizes and has fun with rhymes.		

The next small step ...	
-------------------------	--

Language Milestones 5-6 years	Tells a story he heard or made up with at least two events. For example, a cat was stuck in a tree and a firefighter saved it.		
	Answers simple questions about a book or story after you read or tell it to him.		
	Keeps a conversation going with more than three back-and-forth exchanges.		
	Uses or recognizes simple rhymes (bat-cat, ball-tall).		
	Answers simple questions about a book or story after you read or tell it to him.		
	Keeps a conversation going with more than three back-and-forth exchanges.		
	Uses or recognizes simple rhymes (bat-cat, ball-tall).		
	Can spell his first name and can write some letters and numbers.		

The next small step ...	
-------------------------	--

Cognitive Milestones



Cognitive 0-6 months	Watches you as you move.		
	Looks at a toy for several seconds.		
	If hungry, opens mouth when she sees a bottle.		
	Looks at his hands with interest.		

Cognitive 6-12 months	Puts things in his mouth to explore them.		
	Reaches to grab a toy he wants.		
	Closes lips to show he doesn't want more food.		
	Looks for objects when dropped out of sight (like his spoon or toy).		
	Bangs two things together.		

Cognitive 12-24 months	Puts something in a container, like a block in a cup.		
	Looks for things he sees you hide, like a toy under a blanket.		
	Tries to use things the right way, like a phone, a cup, or book.		
	Stacks at least two small objects, like blocks.		
	Copies you doing chores, like sweeping with a broom.		
	Plays with toys in a simple way, like pushing a toy car.		

The next small step ...	
----------------------------	--

Cognitive Milestones 2-3 years	Holds something in one hand while using the other hand; for example, holding a container and taking the lid off.		
	Tries to use switches, knobs, or buttons on a toy.		
	Plays with more than one toy at the same time, like putting toy food on a toy plate.		
	Uses things to pretend, like feeding a block to a doll as if it were food.		
	Shows simple problem-solving skills, like standing on a small stool to reach something		
	Follows two-step instructions like "Put the toy down and close the door."		
	Shows he/she know at least one color, like pointing to a red crayon when you ask, "Which one is red?"		
	Draws a circle, when you show him how.		
	Avoids touching hot objects, like a stove, when you warn him/her.		
	He can describe himself with his physical characteristics.		
	He can tell if he is a boy or a girl.		
	He can tell his age if asked.		
	He can count two or three objects (1-2-3) or count without respecting the correspondence (e.g. there are 4 objects, but he counts 1-2-4-10)		
	He can count mechanically (like a nursery rhyme) to 5.		
	He groups similar objects together (e.g. he puts two identical pictures together, simple lotto games)		
	He compares objects (small, big, tall, little).		
	He knows certain stages of the routine; He knows that after eating, he will play outside.		

The next small step ...	
-------------------------	--

Cognitive Milestones 3-4 years	He does role-playing games with other children (with scenarios).		
	He succeeds in a puzzle of 6 to 10 pieces.		
	Understands terms like: "in-front", "in-back", "beside", "after", "small", "big",		
	He begins to understand notions concerning time: "yesterday", "today", "now", "later", "tomorrow"		
	Mechanically counts to 10 and can count three to six objects placed in front of him.		
	Talks about things that are not present in his environment.		
	He is interested in written words, letters (e.g. he distinguishes words from images).		
	He recognizes a few letters of the alphabet (often those in his name).		
	He recognizes his name among others.		
	He tries to "read" from memory, he pretends to read.		
	He can find words that start with the same sound.		
	He can make rhymes with words.		
	Draws a circle, when you show him how.		
	Avoids touching hot objects, like a stove, when you warn him/her.		
	Names a few colors of items.		
	Tells what comes next in a well-known story.		
	Draws a person with three or more body parts.		

The next small step ...	
--------------------------------	--

Cognitive Milestones 4-5 years	Listens to a story to the end.		
	He takes initiatives (e.g. take out a game, take off his jacket if he is hot).		
	Tells what comes next in a well-known story.		
	He makes puzzles of at least 12-15 pieces.		
	Draws a person with three or more body parts.		
	Counts to 10.		
	He uses quantity terms like: again, a lot, a little, equal.		
	He can create a sequence of objects according to a logical rule (e.g. alternating red and blue marbles)		
	Names some numbers between 1 and 5 when you point to them.		
	He can sort objects according to category (e.g. animals, clothes, food).		
	Understands the terms "below", "underneath", "in-front", "in-back", "on-top", "beside", "near", "far".		
	Understands the meaning of "first" and "last"		

	Uses words about time, like "yesterday", "tomorrow", "morning", or "night".		
	Pays attention for 5 to 10 minutes during activities. For example, during story time or making arts and crafts (screen time does not count).		
	Writes some letters in his name.		
	Names some letters when you point to them.		
	He recognizes his name among others.		

The next small step ...	
-------------------------	--

Cognitive Milestones 5-6 years	Can count to and understand the concept of "10." can count 10 pieces"		
	Can tell his age.		
	Is learning to express himself well through words.		
	Starts to grasp the concept of time.		
	He can mechanically count to 30 and count 10 objects placed in front of him.		
	Names some numbers between 1 and 5 when you point to them.		
	Uses words about time, like "yesterday", "tomorrow", "morning", or "night".		
	Writes some letters in his name.		
	On his drawings details appear; hair, hands, body, feet, neck, fingers.		
	Distinguishes his right hand from his left.		
	He knows his phone number.		
	Knows the seasons.		
	He succeeds in a puzzle of 15 to 20 pieces.		

The next small step ...	
-------------------------	--